



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09511, Fruit juice smoothie, NAKED JUICE, BLUE MACHINE

Report Date: June 30, 2017 05:55 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	81.70	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2014
Energy	kcal	71	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Energy	kJ	296	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Protein	g	0.42	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Ash	g	1.21	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2014
Carbohydrate, by difference	g	16.67	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fiber, total dietary	g	2.9	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Sugars, total	g	12.08	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Minerals													
Calcium, Ca	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Iron, Fe	mg	0.15	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Potassium, K	mg	154	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Sodium, Na	mg	4	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamins													
Vitamin C, total ascorbic acid	mg	25.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Niacin	mg	8.333	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid	mg	4.167	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamin B-6	mg	0.833	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamin B-12	µg	2.50	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamin E (alpha-tocopherol)	mg	5.63	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014